



Dear Client,

Thank you for your interest in Tahoe Youth & Family Services. We hope that the following information will help you complete this intake packet.

Tahoe Youth & Family Services believes that the family plays a significant role in the success of every family member's development and experience with our agency. Below are some tips to help you with the intake packet as well as the counseling experience.

- Please be on time for your scheduled appointment. **We require a 24-hour notice of cancellation** so that we may plan accordingly. Tahoe Youth & Family Services' policy is to discharge clients after 2 cancellations without prior notice.
- **Please bring only those children being seen for your scheduled appointment.**
You will find that our lobby is not conducive to waiting with young children for an hour.
- Please be aware that TYFS accepts credit/debit cards and cash (exact change) only.

We truly hope that you find your experience with Tahoe Youth & Family Services to be helpful and positive.
Should you have any concerns or questions, please do not hesitate to ask.
Information provided on the questionnaire is confidential unless it is dangerous to self or others.

Thank you for choosing Tahoe Youth & Family Services.

Tahoe Youth and Family Services Offices and Drop In Center Locations

*Gardnerville Office
1512 Hwy 395, Suite 3
Gardnerville, NV 89410
Ph (775) 782-4202
Fax (775) 782-5055*

*South Lake Tahoe Office & Drop In Center
1021 Fremont Ave.
South Lake Tahoe, CA 96150
Ph (530) 541-2445
Fax (530) 541-0517*

***Crisis Line (800) 870-8937
www.tahoeyouth.org***

Section 1

Have you ever experienced any of the following? (Please check all that apply)

Now	Past	
		Feelings of sadness or depression
		Feelings of hopelessness or guilt
		Thoughts of suicide
		Lack of caring about anything
		Isolation and/or trouble making or keeping friends
		Suicide attempt
		Losing temper often
		Anger, rage or fear towards certain people
		Low energy, sleeping more
		Withdrawal from family and close friends
		Hearing voices when not under the influence of drugs or alcohol
		Hallucinations when not under the influence of drugs or alcohol
		Head injury (date: ___/___/____)
		Sexual abuse
		Physical abuse
		Emotional abuse
		Witnessed or experienced traumatic event (car crash, earthquake, etc.)
		Having access to guns or weapons

Section 4

Has anyone felt concerned about your drinking or using? Yes No

Do you feel concerned about your usage or drinking? Yes No

Do most of your friends use or drink? Yes No

Have you ever overdosed on drugs or alcohol (alcohol poisoning)? Yes No

Have you ever been to an emergency room/hospital for alcohol/drug related reasons? Yes No

Has alcohol or drug use caused problems for you at school, at home, in relationships, or at your job?

If yes, please explain: _____

Have you ever used drugs to numb uncomfortable feelings such as boredom, sadness, anxiety, insomnia (sleeplessness)? Yes No

Have you ever received outpatient treatment for drug or alcohol use? Yes No

If yes, when and where? This includes TYFS outpatient, TREC and SAP Program in Juvenile Hall. _____

Has any family member received treatment for drug or alcohol use? Yes No

If yes, when and where?

Do you regularly smoke cigarettes? Yes No How much/how often? _____ Age first tried: _____

Would you like help to quit? Yes No

Are you currently pregnant? Yes No

Section 5

Substance Use History					
Substance Type	How often do you use this substance?	How long have you used this substance?	Age of first usage:	Date of last usage:	Route of Administration (i.e. Oral, Smoking, Inhalation, Injection [IV or intramuscular,] other, etc.)
Alcohol					
Marijuana					
Hallucinogens (i.e. LSD, Mushrooms, etc.)					
Cocaine					
Crack (i.e. ice)					
Methamphetamine (i.e. Crank, Speed)					
Ecstasy					
Pills (i.e. Oxycontin, Vicodin, Valium, etc.)					
Inhalants					
Heroin, Methadone					
Over-the-counter Medication(s)					
"Spice"					
Other: <hr style="border: 0; border-top: 1px solid black; width: 100%; margin-top: 5px;"/>					

Section 6

The following questions will allow us to learn more about your current concerns.

By giving these questions your full attention, you will help us better assist you.

1. Please list some of the problems/issues you are encountering at this time.

2. What are some of the current behaviors that concern you the most?

3. In what ways, have you tried to solve these problems on your own?

4. What past events do you feel may have contributed to the current problems/concerns?

5. Extra Notes Below:

Section 7

Please list three goals you would like to accomplish for yourself/family.

1.

2.

3.

Specifically, what do you feel we can do to help you accomplish these goals?

Please use the space below for any additional thoughts or concerns you may have OR for any previous questions requiring more space.

Client Signature: _____ Date: _____



FEE DETERMINATION

Thank you for choosing Tahoe Youth & Family Services.

We ask that you provide important basic information in order to assess your situation and find the appropriate funding source for your services. If we are unable to assist you, we will offer other appropriate referrals in the community.

Individual/Family sessions are 45-50 minutes.
 Group sessions are 80 minutes in California and 50 minutes in Nevada.
 Intensive Outpatient Program Groups sessions are 180 minutes in Nevada.

Services will not be provided, nor will verification of services be provided until all requested financial information is received, signed and processed. TYFS requires payment prior to the start of each session.

Yes No **CLIENT HAS HEALTH INSURANCE (MEDICAID, MEDI-CAL, PRIVATE INSURANCE: _____)**
 (Please provide a copy of the health insurance card & complete the insurance form on the back.)
 Co-Pay Required? Yes No Co-Pay Amount: Individual \$ _____ Group \$ _____
 Co-Insurance? Yes No Co-Insurance Percentage: _____%

Yes No **CLIENT QUALIFIES FOR ANOTHER FUNDING SOURCE? (TRYS, OC, _____)**
 Referral Required? Yes No Authorization needed? Yes No

Yes No **CLIENT WISHES TO PAY CASH FOR SERVICES (cash or card only, must be exact change)**
NOT INCLUDING the Intensive Outpatient Program
 \$125.00 charge for the 1st appt; \$95.00 charge per individual sessions; \$30.00 charge per group sessions.
 Session packages – 10 Individual Sessions for \$900.00 OR 10 Group Sessions for \$250.00

Yes No **CLIENT IS REQUESTING A REPORT BE SENT TO THE COURT BASED ON THE FINDINGS OF A DRUG & ALCOHOL EVALUATION** because of a DUI offense, **MUST have a copy of the court order**, the charge is \$100.00 and is due prior to scheduling.

Yes No **CLIENT IS REQUESTING A REPORT BE SENT TO THE COURT BASED ON THE FINDINGS OF A MENTAL HEALTH EVALUATION** because of a court order or any other reason; the charge is \$315.00 for 3-sessions. Payment of \$157.50 (half of full payment) is also accepted prior to scheduling.

Yes No **INTENSIVE OUTPATIENT PROGRAM** (requires 4 individual sessions and 12 group sessions per month)
 \$1,490.00 a month; or \$395.00 1st week; \$365.00 2nd 3rd and 4th week.
 \$125.00 for the 1st appt; \$90.00 per group; \$95.00 for individual.
 Discount- If paid upfront 25% off = \$1,117.50 and is due prior to scheduling.

Signature: _____ **Date:** _____

Insurance Information



CLIENT INFORMATION	PLEASE PRINT CLEARLY
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Name: _____ Marital Status: Single Married Divorced Widowed Separated

Address: _____ Race/Ethnicity: _____

City: _____ State: _____ Zip: _____ 1st Language: English Spanish Other _____

Date of Birth _____ Check if minor (less than 18) Gender: M F 2nd Language: English Spanish Other _____

Soc. Sec. # _____

Home Phone: _____ Cell Phone: _____ Can we leave a message? Home Cell

Employer: _____ Work Phone: _____

Referring Agency _____ Referring Agency Phone: _____

PARENT/GUARDIAN INFORMATION

Name: _____ Marital Status: Single Married Divorced Widowed Separated

Address: _____ Race/Ethnicity: _____

City: _____ State: _____ Zip: _____

Date of Birth _____ Gender: M F 1st Language: English Spanish Other _____

Soc. Sec. # _____ 2nd Language: English Spanish Other _____

Home Phone: _____ Cell Phone: _____ Can we leave a message? Home Cell

Employer: _____ Work Phone: _____

INSURANCE INFORMATION

Primary Insurance Company: _____ Plan Phone: _____

Name of Person Insured: _____ Policyholder's DOB _____ Gender: M F

Soc Sec # _____ Employer: _____ Patient Relationship: Self Child Stepchild Spouse Other _____

Claims Address: _____ City: _____ State: _____ Zip: _____

Policy ID# _____ Group # _____ Group Name _____

Type of Coverage: Group Individual Is this a Retiree Plan? Yes No

Secondary Insurance Company: _____ Plan Phone: _____

Name of Person Insured: _____ Policyholder's DOB _____ Gender: M F

Soc Sec # _____ Employer: _____ Patient Relationship: Self Child Stepchild Spouse Other _____

Claims Address: _____ City: _____ State: _____ Zip: _____

Policy ID# _____ Group # _____ Group Name _____

ASSIGNMENT OF BENEFITS

I hereby authorize payment directly to Tahoe Youth & Family Services (TYFS) of all insurance benefits otherwise payable to me for services rendered. **I understand that I am financially responsible for all charges whether or not paid by insurance, and for all services rendered for me or for my dependents.** TYFS will estimate your copay as accurately as possible based on your insurance plan. Your actual share of cost will be determined by your insurance Explanation of Benefits. I authorize TYFS, the therapist and or any provider or supplier of services in this office to release the information required to secure the payment of benefits. I authorize the use of my signature on all insurance submissions. I authorize a copy of this document to be used in place of the original. **I have read and agreed to the above.**

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X _____ Date: _____

Signature of Patient (If the patient is a minor (under 18 years of age), the responsible parent or guardian must sign above and fill in the information below.

Parent/Guardian Name (Print) _____ Relationship to Patient _____



Monday-Thursday 9a-5p
(closed for lunch from 12p to 1p)
(775) 782-4202 or (530) 541-2445
24-hour voicemail

NO-SHOW and/or LATE APPOINTMENT CANCELLATION POLICY

Please call the office at least 24 hours before your scheduled appointment to make a change or cancellation. Regardless of your fee determination, the following fees will be levied:

1. A fee of \$50.00 will be assessed if I do not provide a minimum of 24 hours' notice when I need to cancel or change an appointment. _____ **(Please initial)**
2. A fee of \$50.00 will be assessed if I arrive 15 minutes late or more after the scheduled appointment. _____ **(Please initial)**
3. A fee of \$125.00 will be assessed if I miss an appointment without contacting the office to cancel the appointment. _____ **(Please initial)**
4. If I miss 2 sessions for unexcused reasons, I may be discharged from services at Tahoe Youth & Family Services' discretion. _____ **(Please initial)**

Please leave a message at ext. 100 if you are unable to reach a staff member by phone.

I understand that Tahoe Youth & Family Services is unable to contact me to remind me about appointments. I will receive an appointment reminder card upon scheduling an appointment to serve as my reminder (unless the appointment is scheduled over the phone.) I understand that I am encouraged to contact Tahoe Youth & Family Services at any time if I need to verify an appointment date and/or time. I understand that if any of the above fees are assessed, my appointments will be removed from the calendar until the fee is paid. At the time of payment, my new appointment will be scheduled based on the current availability.

I understand that insurance companies cannot be billed for these fees therefore they are solely my responsibility.

By signing below, I agree to the above policy and stated fees.

Signature: _____ **Date:** _____

TYFS Staff assisting client: _____ **Date:** _____