

## Commitment To Learning

Ask a young person to teach you a new skill.



Set daily homework goals.



Organize a neighborhood book swap.



Invite a teacher to have dinner in your home.



Believe that all young people can learn.



## Positive Values

Remember that mistakes are a part of living and growing.



Show care and concern for your neighbors by offering a helping hand.



Write down what you believe. Post it where you will see it often.



Be responsible for all of your thoughts, words and actions.



Try new things and take on new responsibilities.



## Social Competencies

Have family meetings where children have a voice in decision making.



Smile and say hello to at least one new person each day.



Learn about your own cultural heritage and the heritage of others.



Help youth practice coping skills when difficult situations arise.



Learn and model peaceful ways to resolve disagreement.



## Positive Identity

Dwell on what children do right instead of what they do wrong.



Avoid comparing young people with each other.



Let youth know you are proud of their talents, capabilities and discoveries.



Listen when young people talk about their sense of purpose in life.



Ask young people what they are passionate about.



# 40

## To Build Assets



## In Children & Teens



T A H O E  
**YOUTH & FAMILY**  
S E R V I C E S

A SAFETY NET OF SERVICES FOR YOUTH AND FAMILIES

## Constructive Use of Time

Visit museums and libraries;  
attend plays and concerts with  
youth.



Encourage teens to be involved  
with at least one hobby.



Have a regular family night  
to do something fun together.



Involve youth in decisions about  
family spiritual activities.



Volunteer in programs and  
activities for young people.



## Empowerment

Include young people as  
active participants in events.



Encourage teenagers to take  
leadership roles in their  
community.



Do simple acts of  
community service together.



Give young people appropriate  
and important responsibilities  
within the family.



Teach children and youth how  
to be safe wherever they go.



## Support

Show courtesy to family members  
in public and at home.



Invite caring, responsible adults to  
be a part of your children's lives.



Vow to say one encouraging  
thing to someone each day.



Encourage passions and  
interests in others.



Volunteer to be a mentor  
for a young person.



## Boundaries & Expectations

When setting boundaries  
for someone else, explain  
the values behind them.



Talk together about how to  
establish family rules  
and consequences.



Treat all people, regardless  
of age, with respect.



Be a positive role model  
in a young person's life.



Respect teenager's privacy,  
but take interest in their friends  
and activities.

