

## Our Supporters

## Testimonials

## Contact Us

Administration for Children and Families  
AECOM  
American Century Insurance  
Barton Health Foundation  
Big George Ventures  
Carson Valley Community Food Closet  
Christmas Cheer All Year  
Community Foundation of Western Nevada  
Douglas County Board of Commissioners  
Dr. & Mrs. Daniel Robertson  
Edgewood Companies  
El Dorado Community Foundation  
El Dorado County Department of Human Services  
El Dorado County Department of Mental Health  
El Dorado County Department of Public Health  
El Dorado County District Attorney's Office  
Embassy Suites Lake Tahoe Hotel & Ski Resort  
Harrah's Lake Tahoe  
Heavenly Mountain Resort & Vail Resorts ECHO  
James Joseph  
Kiwanis Club of South Lake Tahoe-Sunrisers  
Kiwanis Club of Lake Tahoe  
Kiwanis Club of Tahoe Sierra  
Lake Tahoe News  
Lake Tahoe South Shore Chamber of Commerce  
Lake Valley Firefighter's Association  
Mathewson Charitable Lead Trust Two  
McCall Realty  
MontBleu Casino Resort & Spa  
Nevada Energy  
Parasol Tahoe Community Foundation  
Partnership of Community Resources  
Planned Parenthood Mar Monte  
Rotary Club of South Lake Tahoe  
Safeway Foundation  
Sierra Health Foundation  
Soroptimist International of Carson Valley  
Soroptimist International of South Lake Tahoe  
Soroptimist International of Tahoe Sierra  
South Lake Tahoe Fireman's Association  
South Lake Tahoe Optimist Club  
South Lake Tahoe Police Officer's Association  
South Tahoe Alliance of Resorts (STAR)  
Southwest Gas Corporation  
State of Nevada Substance Abuse Prevention  
& Treatment Agency  
Tahoe Daily Tribune  
Tahoe Douglas Elks Lodge  
Tahoe Douglas Rotary  
Terry Lee Wells Foundation  
The California Wellness Foundation  
The Frances C. & William P. Smallwood Foundation  
The Moore Family Foundation  
The Record Courier  
United Way of Northern Nevada & The Sierra  
US Bancorp Foundation  
US Bank  
V-Day, South Lake Tahoe

"Well, my experience was incredible.  
My daughter really got the help she needed.  
She is more active and has confidence in herself.  
This really changed our lives."  
*(Parent of young child)*

"You've helped me realize that life is so much better  
than I thought. Most importantly,  
you've helped me become sober.  
I make better choices and actually care about school.  
I have a stronger relationship with my family.  
I love that feeling that I control my own life."  
*(Teen, Substance Abuse Treatment client)*

"I live one day at a time...always will.  
I have learned that it is me who has  
the choice to drink or not.  
I am the only one who can help me."  
*(Adult, Substance Abuse Treatment client)*



"They showed me you don't always have to sleep to  
dream. I found character and strength  
through this whole experience. I'm going to  
create my own pathway of happiness. Thank you."  
*(Teen, Counseling client)*

[www.tahoeyouth.org](http://www.tahoeyouth.org)

### South Lake Tahoe Counseling Office & Drop In Center

1021 Fremont Ave.,  
South Lake Tahoe, CA 96150  
Tel: (530) 541-2445  
Fax: (530) 541-0517

### Incline Village Counseling Office

DWR Center  
948 Incline Way  
Incline Village, NV 89451  
Tel: (775) 298-0275

### Gardnerville Counseling Office

1422 Mission St.  
Gardnerville, NV 89410  
Tel: (775) 782-4202  
Fax: (775) 782-5055

### Gardnerville Drop In Center

1307 Langley, Unit 1  
Gardnerville, NV 89460

### Alpine County Mentoring Office

150 Old Pony Express Rd.  
Woodfords, CA 96120  
Tel: (530) 694-9459

**Crisis Line:(800)-870-8937**

[www.tahoeyouth.org](http://www.tahoeyouth.org)



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T A H O E  
YOUTH & FAMILY  
S E R V I C E S



*Excellence, Experience & Compassion since 1971.*

[www.tahoeyouth.org](http://www.tahoeyouth.org)

## Counseling

### Individual and Family Counseling

Our counselors are trained clinical therapists, serving children and families.

#### We Offer

Crisis Counseling

Solution Focused Therapy

Family Reunification

Services for very young children

**Services available in Spanish and English.**

Services provided at TYFS offices & most schools.

**Most insurance plans accepted.**

**Call us to learn more.**

Visit our website [www.tahoeyouth.org](http://www.tahoeyouth.org) to obtain an intake packet to get started.

### 24 Hour Crisis Line

**1-800-870-8937**

Contact a trained Tahoe Youth & Family Services staff member anytime of the day or night to access support and emergency shelter for youth.

Crisis counseling is provided for any children, youth and parents in the communities we serve.

### Our Mission



Our mission is to promote the healthy development of the children, youth, and families of our community by providing counseling, education and support services.

## Mentor Program

Our mentors are trained, screened, and matched in a one to one relationship with children ages 4-18.

The goal of mentoring is to unleash the innate greatness and unlimited potential of youth. Mentoring provides children and their families with connections to community resources, helps them build resiliency and supports them in successful peer, adult and family relationships.



Mentoring is not only making a positive impact on a child's life, but it will also make a great impact on yours. It's a win win situation to be a mentor. Come join!  
-Luis Quijas

### Getting Started

SLT Mentor Coordinator, Eli Stevenson  
(530) 541-2445, [eli@tahoeyouth.org](mailto:eli@tahoeyouth.org)

Alpine Co. Mentor Coordinator, Betty Hathaway  
(530) 694-9459, [betty@tahoeyouth.org](mailto:betty@tahoeyouth.org)

## Substance Abuse Services

### Adults & Youth

Our staff is trained in evidence based strategies to provide prevention, intervention and outpatient services to adults and youth.

#### We Offer

Individual Counseling

Group Counseling

Family Counseling

Early Intervention Services

Prevention Services

Substance Abuse Evaluations

Employee Assistance Programs

Student Assistance Programs

**Services available in Spanish and English.**

Services provided at TYFS offices & most schools.

**Most insurance plans accepted.**

**Call us to learn more.**

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### 24 Hour Crisis Line

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Tahoe Youth & Family Services prioritizes admission to treatment services as follows: 1. Pregnant injection drug users 2. Pregnant substance abusers 3. Non-pregnant injection drug users 4. All others

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## Support Services

### Street Outreach Program

Our teams provide outreach, education and referrals to local youth and the community. Outreach locations include community events, schools and teen hang outs.



### Drop In / Resource Centers

**Get Recharged, Get Resources  
Get Respect**

We connect homeless and disconnected youth to food, shelter, laundry, hygiene products, showers and employability skills in safe, welcoming settings. Bilingual staff in both Drop In Centers.

### Safe Place

Safe Place connects youth in crisis or at risk to immediate help and safety via the TYFS crisis line. Youth can connect to our shelter and support services at over 125 partner businesses, agencies and schools.

